Utah FRC Regional

COVID-19 Health and Safety Policy (Updated March 2022)

FIRST® is a global robotics community that prepares young people for the future.

www.firstinspires.org
Overview

Event staff and attendees participating in this event should recognize that any gathering poses an increased risk of COVID-19 exposure and spread. FIRST® believes that the best path toward ending the COVID-19 pandemic — and having a successful season — is through vaccination. We strongly recommend everyone who is eligible and has access to a vaccine consult with their physician and get vaccinated against COVID-19 as soon as possible.

More information can be found at coronavirus.utah.gov, The Centers for Disease Control and Prevention and the World Health Organization websites.

The Utah FRC Regional has developed the following COVID-19 Health and Safety Policy to reduce the risk of coronavirus exposure and spread at this event. Safety recommendations are taken from the United States Centers for Disease Control and Prevention. Note that this policy is in DRAFT status until two weeks before the event at which time the policy will be updated and/or finalized.

Pre-Event

Stay Home if you:

- Have tested positive for COVID-19.
- Are waiting for COVID-19 test results.
- Are feeling unwell and/or have any of the following COVID-19 symptoms.
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- Have had close contact (within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period) with a person who has tested positive for or who has symptoms of COVID-19 within the last 14 days, unless you have been fully vaccinated.
Contact Tracing

Contact tracing is key to slowing the spread of COVID-19 and helps protect the community by:

- Letting people know they may have been exposed to COVID-19 and should monitor their health for signs and symptoms of COVID-19.
- Helping people who may have been exposed to COVID-19 get tested.
- Asking people to self-isolate if they have COVID-19 or develop symptoms of COVID-19 or to self-quarantine if they are a close contact.

Prior to the event, all event staff/volunteers, coaches, and team members should register with FIRST, complete a "FIRST Consent and Release Form," and coaches should bring the “Team Roster” to the event. All team members (youth and adults) must be listed on the “Team Roster.” During the registration process they will provide their name, phone number, email, and parent or guardian name, phone number, and email if the team member is a minor. Contact information will be accessible to event organizers via the “Team Roster.”

Event attendees may be required to complete a consent form and provide contact information prior to entering the event. This information will only be used for the purposes of contact tracing and will be destroyed after the event.

If a person who attended this event tests positive for COVID-19, someone from the health department may call you to discuss important COVID-19 information, such as signs and symptoms of COVID-19, testing, and quarantine. Discussions with health department staff are confidential. This means that your personal and medical information will be kept private and only shared with those who may need to know, like your health care provider.

Please review the information for what to expect to happen during contact tracing, provided by the CDC.

Utah FRC Regional COVID-19 Health and Safety Policy Acknowledgement Form

Each coach must agree to abide by the Utah FRC Regional COVID-19 Health and Safety Policy, to share this policy and compliance expectations with their team members and their families, and to sign the Utah FRC Regional COVID-19 Health and Safety Policy Affirmation Form (distributed pre-event) and return the form to event organizers prior to the start of the event.
Event Entry Requirements

Behavior Requirements

Face Masks

As of the date of this document draft, face masks will be required for all event staff and attendees and should always be worn in all event areas. This policy may change before the event. Masks may be temporarily removed to accommodate eating and drinking.

- All event staff and attendees are required to bring their own masks. Masks will also be available upon request at the event entrance.
- Masks should fit well and be worn completely over the nose and mouth.
- The following categories of people are exempt from the requirement to wear a mask at this event:
  - A child under the age of 2 years.
  - A person with a disability who cannot wear a mask, or cannot safely wear a mask, for reasons related to the disability.
  - A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by the workplace risk assessment.

Hand Hygiene and Respiratory Etiquette

Hand hygiene should be practiced and encouraged by all event staff and attendees.

- All event staff and attendees should wash their hands frequently (for example, before, during, and after check-in, touching garbage, using the restroom) with soap and water for at least 20 seconds.
- Event staff and attendees should use hand sanitizer, available at hand sanitizing stations throughout the event, including before and after game play or practice field use or any other time that soap and water are not readily available.
- All event staff and attendees should refrain from singing or shouting, especially indoors. Please use alternate ways to celebrate like clapping, dancing, finger-snapping, etc.
Physical Distancing

Physical distancing will be practiced at this event.

- Keep of distance between yourself and people who don’t live in your household or not part of your cohort (members of the same home team) whenever possible.
- Follow all physical distancing guidelines, including direction provided by event staff.
- Follow all signage and marker direction, such as those that are freestanding or on the ground, to indicate the appropriate direction of pedestrian movement or to maintain a safe physical distance from others.
- Do not greet others with physical contact (for example, handshakes) or celebrate with high-fives or fist bumps. Utah is all about the “air elbow”.

FIRST recognizes a single team as a cohort, which is not subject to the same physical distancing requirement. However, this exception only applies to members of the same team. In all other cases, the physical distancing requirements outlined in this policy remain in effect.

Signs and Messages

Comply with all COVID-19 health and safety signs that are displayed in waiting areas, near restrooms, in seating areas, and used to control traffic patterns and entrance and exit points.

Follow event staff instructions related to COVID-19 safety.

Policy Changes and Non-Compliance

Given the current trajectory of the pandemic, these guidelines may change with little notice up to and including event cancellation based on updates from the CDC and Salt Lake County Health Department guidelines. If this event must be cancelled, you will be notified via email and via phone call to mentors 1 & 2 phone numbers listed within the FIRST Utah FRC Regional team dashboard. The event will either be rescheduled or moved to a remote event platform as determined by the local organizing committee.
The information contained in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text and links, are provided for general informational purposes.

Any person entering this event is required to abide by this COVID-19 health and safety policy and the FIRST Code of Conduct. Non-compliance may result in removal from this event and being barred from future participation in FIRST activities.